

## Winter Solstice Hike Important Items to Know!

Date: Friday, December 20th
Time: 12:00 -4:30pm
Location: First Landing State Park
Mr. Carroll: 757-323-4212

## What to Wear:

Please check the weather for the day and dress appropriately. Students should be prepared and comfortable for the hike, and dressing in layers is always encouraged. Sneakers are appropriate for these trails. \*Please keep in mind it's possible we may get a little muddy or dirty when planning clothing.

Lunch: Students are encouraged to pack a lunch OR they may order a lunch. We will be pre-ordering from Taste Unlimited on Shore Drive. Mrs. Pozin will reach out regarding lunch as you register. Water Bottles are also encouraged.

Afternoon Pick Up: There are two options for afternoon pick up:

At First Landing State Park: 4:15 pm at The Trail Center (Please text Mr. Carroll if you plan to pick up at the park).

Norfolk Academy: 4:45 pm in the Lower School Lobby.

## \*Inclement Weather:

In the event of inclement weather, we will stay at Norfolk Academy to have some Winter Solstice fun.